



Hunan University PSY 11: Introduction to Psychology

Professor: To be announced
Total contact hours: 54 hours
Credit: 4

Course Description

This course is designed to introduce you to the field of Psychology. Psychology is the study of the mind, but is aimed at understanding how the mind and body interact with our external environment. We infer mental process in others based on their behavior and so many people say that Psychology is the study of Behavior. It includes the biological structures that influence our behavior, what we can respond to and what we can do. It includes the influences of the physical and social environment on our behavior, our personalities, emotions, states of consciousness, motivation, learning and memory and the various things that can interfere with normal functioning, their diagnosis and treatment. This course will introduce you to some of the fields of study and occupations open to Psychologist.

Required Textbook

Mastering the World of Psychology (custom pkg), Author: Wood, Publisher: Pearson, 4th edition

Grading

- Participation 10%
- 3 Papers 30%
- Midterm 30%
- Final Exam 30%

A+ 96-100	A 90-95	A- 85-89
B+ 82-84	B 78-81	B- 75-77
C+ 71-74	C 66-70	C- 62-65
D 60-61	F < 60	



Guide

Exams are multiple choices. The short paper is to be around 1,000 words, critically discussing any topic from week 2 or 3.

Course Schedule

The course has 24 class sessions in total. All sessions are 2 hours and 15 minutes in length. Note: the course outline and required readings are subject to change.

Class 1:

Introduction to psychology and syllabus-related materials

Chapter 1: Introduction to Psychology

Class 2:

Chapter 2: Biology and Behavior

Class 3:

Chapter 2: Biology and Behavior (Cont.)

Class 4:

Chapter 3: Sensation and Perception

Class 5:

Chapter 3: Sensation and Perception (Cont.)

Class 6:

Chapter 4: Consciousness

Class 7:

Chapter 4: Consciousness (Cont.)

Paper 1

Class 8:

Chapter 5: Learning

Class 9:

Chapter 6: Memory

Class 10:

Chapter 6: Memory (Cont.)

Class 11:

Midterm Exam



Class 12:

Chapter 7: Cognition, Language and Intelligence

Class 13:

Chapter 7: Cognition, Language and Intelligence (Cont.)

Class 14:

Chapter 8: Human Development

Class 15:

Chapter 9: Motivation and Emotion

Class 16:

Chapter 9: Motivation and Emotion (Cont.)

Paper 2

Class 17:

Chapter 10: Health and Stress

Class 18:

Chapter 10: Health and Stress (Cont.)

Class 19:

Chapter 11: Personality Theory and Assessment

Class 20:

Chapter 11: Personality Theory and Assessment (Cont.)

Class 21:

Chapter 12: Psychological Disorders

Class 22:

Chapter 13: Therapies

Class 23:

Chapter 14: Social Psychology

Paper 3

Class 24:

Final Exam



Attending Policy

Regular and prompt attendance is required. Under ordinary circumstances, you may miss two times without penalty. Each absence over this number will lower your course grade by a third of a letter and missing more than five classes may lead to a failing grade in the course. Arriving late and/or leaving before the end of the class period are equivalent to absences.

Policy on “Late Withdrawals”

In accordance with university policy, appeals for late withdrawal will be approved ONLY in case of medical emergency and similar crises.

Academic Honesty

Hunan University expects all students to do their own work. Instructors will fail assignments that show evidence of plagiarism or other forms of cheating, and will also report the student's name to the University administration. A student reported to the University for cheating is placed on disciplinary probation; a student reported twice is suspended or expelled.

General Expectations:

Students are expected to:

- Attend all classes and be responsible for all materials covered in class and otherwise assigned;
- Complete the day's required reading and assignments before class;
- Review the previous day's notes before class and make notes about questions you have about the previous class or the day's reading;
- Participate in class discussions and complete required written work on time;
- Refrain from texting, phoning or engaging in computer activities unrelated to class during the class period;
- While class participation is welcome, even required, you are expected to refrain from private conversations during the class period.

Special Needs or Assistance

Please contact the Administrative Office immediately if you have a learning disability, a medical issue, or any other type of problem that prevents professors from seeing you have learned the course material. Our goal is to help you learn, not to penalize you for issues which mask your learning.